PROFILE

*“Change is the only constant” ~ Heraclitus (535 BC – 475 BC)*

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I am a Master's educated individual and a lifelong learner, passionate about others and driven to assist them in reaching their full potential, educationally and personally. My commitment to personal and professional growth drives me to continually seek new knowledge and skills, which I earnestly share with those around me. With a strong academic background and a fervent desire to empower others, I strive to create positive and impactful experiences for everyone I engage with.

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| FORMAL QUALIFICATIONS  St Stithian’s College 2007   * IEB Senior Certificate with Matriculation Endorsement   Rhodes University (2008 - 2011)   * BCom Law and Management (2008 – 2010) * Majoring in: * Law * Management   + Finance, HR, Marketing, Strategy * BCom Honours in Management (2011)   University of South Africa (2015 – 2016)   * BA NDP Psychology * Distinction   University of Johannesburg (2017)   * BA Honours in Psychology * With Distinction   University of South Africa (2021 – 2023)   * Masters in Clinical Psychology * 1st year completed – 2021 (with distinction) * 2nd Year completed – 2022 (with distinction) * Thesis Accepted (awaiting mark) | TEFL QUALIFICATIONS  The TEFL Academy   * 2024 Qualifi Level Five Diploma in Teaching English as a Foreign Language (168 hours) * Ofqual regulated Level 5 qualification, DEAC approved * Lesson planning, Classroom management, Teaching vocabulary and pronunciation, Teaching receptive and productive skills, Teaching grammar, Materials development for face-to-face and online lessons, Assessed lesson content for A1-C2 level students.   MEMBERSHIPS  Health Professions Council of South Africa (HPCSA)   * Intern Psychologist * Membership No. PSIN 0167339   Psychological Society of South Africa (PsySSA)   * Student member * Membership No. PSY5139 |

RESEARCH EXPERIENCE

## Rhodes: Bcom honours Research project

2011 – Supervision with Mr Trevor Amos, and completed alongside fellow honours student Miss Deidre Alcock

* *Title: The Relationship Between Selected Demographic Variables, Career Anchors and Job Preferences*

## University of Johannesburg: BA Honours Research project

2017 – Supervision with Prof. Tharina Guse

* *Title: Motivation for Solitude and Affect among South African Adolescents*

## university of south africa: Clinical masters research

2023 – Supersion with Mrs Boshadi Semenya

* *Title: Reconstructing memory: balancing the scales when Alzheimer’s Dementia is part of the family*

WORK EXPERIENCE

## Employer: Gauteng department of health | POSITION: intern clinical psychologist (january 2023 – december 2023)

intern clinical psychologist

* Rotation One (January 2023 to June 2023)
* Rotation Two (July 2023 to December 2023)

Experience gained in:

* Psychotherapy
  + Individual (Adolescent & Adult), couple, family
* Patient Management Plan
* Working within a Multidisciplinary team
* Clinical Diagnosis
* Psychological Assessment

Specific Clinical focus:

* Substance
* Psychosis
* Mood, Anxiety
* Trauma
* Personality
* Eating disorders
* Developmental disorders

Therapeutic Focus

* Attachment
* CBT / CBT-E
* DBT
* Developmental
* Ecosystems
* Family therapy

## Employer: Precision recruitment international | POSITION: senior consultant (january 2018 – January 2021)

as a consultant my duties include:

* Advert creation, management and update across various recruitment platforms
* Update of internal ERP
* Canvassing of talent, creation of job role tracking per job order, and job role life-cycle management
  + Search / Headhunt
  + Shortlist
  + Screening
  + CV writing
  + Candidate-Client Interview Management
  + Follow-ups, secondary interviews and regrets
  + Salary negotiations, offer and contract facilitation
* Business development
  + New-Business pipelines
  + Industry Mapping, Geographic and Country Research
  + T&C Negotiations and Management
  + Project Tendering and Proposal Creation
* Key-Account Management
  + New and Recurring Business
  + T&C Negotiations and Management
  + Project life-cycle
* Outsourced Payroll
  + Timesheets
  + Overtime
  + Contract Management
  + Regional Partnership Management
* Job order, sales and company target tracking via personal Excel Spreadsheets
  + Tables, sort-lists, cell-functions

## Employer: university of jonhannesburg | POSITION: tutor (february 2017 – October 2017)

as a tutor my duties include:

* Providing a high quality supplementary academic experience
* Tutor of:
  + Social Psychology (2nd Year)
  + Cognitive Psychology (3rd Year)
  + Abnormal Psychology (3rd Year)

## Employer: Liberty Life | POSITION: Financial Planner (jUNE 2016 – December 2016)

## Employer: BLACK SHEEP FILMS | POSITION: HEAD OF OPERATIONS AND COMMUNICATIONS (jUNE 2014 – jANUARY 2015)

## Employer: TIMES MEDIA FILMS | POSITION: OPERATION AND SALES INTERN (FEBRUARY 2014 – JUNE 2014)

## Employer: Crawford preparatory lonehill | POSITION: sports coach (june 2013 – June 2016)

## Employer: st stithians college | POSITION: hockey coach (may 2013 – june 2013)

## Employer: singualr systems (pty) ltd. | POSITION: operations assistant (may 2012 – february 2013)

COMMUNITY EXPERIENCE

## Bryanston Country Club | POSITION: golf committee member (november 2017 – December 2021)

as a committee member my duties include:

* Ongoing liaising with club members
* Responsibility for my portfolios
* 2019 – 2021
  + Scratch League Captain & Coordinator (2020 – Current)
  + Mid-Am Assistance to Coordinator
  + Youth Members Liaison
* 2017 – 2019
  + New Membership
  + League Liaison
  + Major Competitions

## KLIPTOWN YOUTH PROGRAM | POSITION: VOLUNTEER AND SKILLS CONSULTANT (JANUARY 2017 – MAy 2017)

as VOLUNTEER AND SKILLS CONSULTANT my duties include:

* Strategic planning with the KYP team
* Goal defining and objective creation for the year ahead
* Assisting in the reconstruction of the classrooms
* Business and working world soft-skills coaching with the school leavers
* Curricula planning with primary and college pupils

## south african depression and anxiet group | POSITION: VOLUNTEER AND telephone counsellor (august 2017 – November 2017)

as VOLUNTEER and counsellor my duties include:

* Telephone Counselling

## Aupairing | position: immediate support and education supplement for an adhd child (april 2017 – November 2017)

as an Aupair my duties include:

* Aiding day to day learning
* Reading, writing and social skills
* Positivity coaching

ADDITIONAL INFORMATION

### ADDRESS

60A Mount Street

Bryanston

Johannesburg

2191

### Marrital status

Married

### Dependents

1

### Nationality

South African

### Driver’s Licence

Code B

INTERESTING FACTS

### Becoming a father and surviving the first year

Becoming a father whilst finishing my Clinical Masters program and subsequently completing my internship year has been one of the most challenging and grounding experiences of my life.

Being there “enough” as Winnicott stresses is not as simple as he suggests, I still am not sure, but I find being taught by a 1-year-old may be my greatest and most valuable education.

### before the dark of wynter

One of my greatest achievements has been to write, edit and publish my own fantasy fiction novel. This took a great deal of perseverance and determination which culminated in presenting my work at the annual Kingsmead Book Fair in 2017.

### sunshine tour golf qualifying school

From a very young age I have been an avid golfer. I was thrilled to be able to participate in the sunshine tour qualifying rounds in 2016.

\*References available upon request