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| ***Personal Details*** |
| *Name* | Ciarán O'Meara | *Address:*Walshestown South, Mullingar,Co. Westmeath,Ireland |
| *Mobile* | +353857192538 |
| *Email* | omeara.c@gmail.com |

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| ***Employment History*** |
| *Employer* | *Role* | *Dates* | *Details* |
| Department of Education, Ireland | Primary Teacher  | July 2024-Present | Working with children diagnosed with Autism on a Department of Education summer programme called July provision. Children with an Autism diagnosis get extra summer teaching provision. Working on fine motor skills exercises. Facilitating meditation exercises at the end of each day to help reduce anxiety and increase a sense of calm. |
| Department of Education, Ireland | Primary Teacher  | July 2023-Sep. 2023 |
| Clare Language School | English Language Teacher | July-Sep. 2022 | Teaching English as a foreign language to students aged 10-18 from Spain, Italy and other countries in a summer programme. I also taught yoga and mandala art. |
| Department of Education, Ireland | Primary Teacher  | Sep. 2019-June 2021 | Acting as Green Schools Officer. Planning, preparation, organisation and parental liaison. Worked in various schools between Mullingar and Inishturk Island in Co. Mayo. |
| Ecole European Brussels Argenteuil (EEBA),Belgium | Primary Teacher  | Sep. 2018- June 2019 | Multicultural school in Waterloo. Working on exciting projects bringing children to the outdoors and becoming more aware of their surroundings. Teaching all primary subjects on European Curriculum. |
| Emerald Cultural Institute,Dublin | English Language Teacher | July-August 2018 | Teaching English as a foreign language on a summer programme for students from Spain and Italy. Using games, songs and exercises to increase English fluency and grammar proficiency. |
| Clearpower,Dublin | Project Engineer | Jan. 2014- June 2017 | Helped Clearpower achieve Wood Fuel Quality Assurance certification after extensive audit process. Worked on energy projects across Ireland and England and logistics in woodchip process. |
| Laing O' Rourke Australia, Coffs Harbour, Australia | Senior Site Engineer | Oct. 2010-June 2012 | Subcontractor management, report writing, on-site management, design and community liaison. North Coast Easing project, a 170-million-dollar project split across 15 sites to reduce train transit time between Sydney and Brisbane. |

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| ***Licences and accreditations*** |
| Full clean drivers licence since 2004. |
| Member of Teaching Council of Ireland |
| Yoga teacher  |
| Leave No Trace trainer |
| Lowland Leader |
| ***Education History*** |
| ***College*** | ***Qualification*** | ***Result*** | ***Dates*** | ***Details*** |
| Mayo College, Achill, Co. Mayo | National Tour guiding | TBC | Sep. 2023-June 2024 | Mountain Skills 1 and Mountain Skills 2, National Tour Management, Irish National Heritage and Culture, Art, Irish. |
| Mayo College, Achill, Co. Mayo | Coastal Guiding | Distinction | Nov. 2022- June 2023 | Lowland leader qualification. Remote Emergency Care (REC 3), Fáilte Ireland tour guiding badge. Leave no Trace accredited trainer. |
| Cork College of Commerce,Cork | ITEC Yoga Teaching. QQI Cert. in Community Health  | Distinction | Sep. 2021- June 2022 | ITEC Yoga Teacher Training, Reflexology, Nutrition, Indian Head Massage, Safety, Health and Welfare at Work, Anatomy and Physiology, and Communications  |
| Hibernia College Dublin  | Professional Masters in Primary Teaching | 2.1 | Sept. 2016-August 2018 | 24 weeks of teaching practice gained in three different schools and three different class groupings. Extensive feedback given across all teaching practices. Masters thesis completed on pair and group work. |
| 60% |
| Institute of Technology Blanchardstown | Certificate in Computer Aided Design and Manufacturing | Pass  | Sep. 2013- Jun. 2014 | 3D Computer Aided Design. Advanced 3D Computer Aided Design and Analysis using SOLIDWORKS. Computer Aided Manufacturing. |
| GPA 4.0 |
| Dundalk Institute of Technology | Postgraduate Diploma in Renewable Energy Systems  | 1.1 | Sept. 2012-June 2013 | Solar energy, wind energy, biomass energy and wave energy studied to the PGDip. Level. Focused on solar and biomass energy in the last semester. |
| 73.2% |
| National University of Ireland, Galway | Degree in Civil Engineering | 2.1 | Sept. 2004- June 2008 | Concrete and steel design, project management, financial management, wave energy, renewable energy, chemistry, maths, maths physics, AutoCAD.  |
| 63.3% |

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| ***Personal Profile*** |
| I enjoy hiking and spending time out on the hills and out in Nature. I have recently completed my Lowland Leader Qualification and am completing Mountain Skills 1 and 2. I enjoy surfing, swimming and yoga. I am sociable, outgoing and enjoy meeting and learning from people. I have a keen interest in culture, ecology, mythology and heritage. I think a child centred approach is most important and putting the child at the centre of the teaching and learning is most important. |