

Curriculum Vitae

Mrs Catherine Smith-Barker

28/03/1969

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Qualifications:

RN (Mental Health), current registration NMC 90A2795E - 1993
(Current, valid NMC registration with no restrictions to practice - renewal due December 2024)

DIP HE Mental Health Nursing Studies - 1993

BA (hons) English/Critical Theory - 2:1 - 2000

Independent Nurse Prescriber - Kings College London - 2011

TEFL Level 3 Certificate, TEFL Academy - 2024.

Courses:

ENB 934: Care of those with HIV/AIDS - 1994

NADA UK: Five Point Auricular Acupuncture - 2004

APT: Solution Focused Therapy - 2005

LDAN: First Line Managers Course - 2007

CNWL: Root Cause Analysis Training - 2007; Recruitment & Selection - 2007; Supervision and Performance Management - 2008.

RCGP: Cert. in Management of Drug Problems in Primary Care - 2009

RCGP: Cert in Management of Alcohol Problems in Primary Care - 2010

APT: CBT with Substance Misuse - 2013

Physical Assessment & Diagnostics - Middlesex University - 2014

Experience:

1993 - 1994 - D grade Staff Nurse, Psychiatric Acute Admissions Ward, Whiteley Woods Clinic, Sheffield.

1994 - 1996 - E grade Staff Nurse, HIV residential service for substance users, Turning Point -The Griffin Project, Earls Court

1996 - 2000 - E grade Staff Nurse, Drug and Alcohol detox ward, AAU, Maudsley Hospital, Denmark Hill (P/T during English degree 1997-2000).

2000 - 2004 - G grade CNS, Paddington Drug Treatment Centre, St Mary's Hospital, Paddington.

2004 - 2006 - Band 6 CNS, Soho Rapid Access Clinic for Homeless D&A users, Soho Centre for Health, Soho.

2006 - 2008 - Band 7 Clinical Service Manager, Soho Rapid Access Clinic.

2008 - 2009 - Kinesis Agency Band 7 CNS, Lambeth DRR Substance Misuse team, Clapham High Street, London.

2009 - 2014 - Band 7 CNS & Nurse Prescriber, Primary Care Drug and Alcohol Service (GP & hospital Liaison, prescribing for alcohol detox & opiate substitute pathways, ***teaching medical colleagues how to assess for and prescribe drug treatment for my speciality***), Islington, London

2014 - 2016 - Band 7 CNS & Nurse Prescriber, SLAM D&A service at Kings College Hospital (assessing and managing acute care for D&A users; daily advising on prescribing to medical teams, prescribing to A&E patients, ***designing and delivering teaching sessions to wider hospital teams***), KCH, Denmark Hill, London.

Jan 2016 - Dec 2016 - ***Assistant course tutor/Clinical expert for HESL 'Teaching Clinical Skills for Alcohol Assessment & Treatment' Modules, at Institute of Psychiatry/SLAM.***

Dec 2016- Dec 2017 - P/T Senior Nurse/Clinical Nurse Supervisor - Kinesis Substance Misuse Locum Agency. (clinical supervision of nursing teams and nurse prescribers at Southwark and Waltham Forest Drug Treatment Teams, ***facilitation of teaching and supervision group at Waltham Forest CDT***).

Dec 2017 - Nov 2021 - P/T Band 6 Clinical Nurse Specialist Sexual Health Liaison at the Club Drug Clinic. Running two CDC sessions in sexual health clinics: John Hunter Clinic and 10 Hammersmith Broadway. Assessing, treatment matching, brief interventions and referring onto to longer treatment episodes as appropriate for users of psychedelics, chemsex & stimulant drugs. ***Designing and teaching sessions for healthcare colleagues elsewhere in the borough.***

Nov 2021 - March 2023 - P/T Band 6 CNS in substance use, Alcohol Care Team, Kings College Hospital. Member of team covering 7 days per week inpatient service at KCH Denmark Hill site (assessing and managing acute care for D&A users; daily advising on prescribing to medical teams, ***designing and delivering teaching sessions to wider hospital teams***).

April 2023 - July 2024. Retired from nursing profession, combining dog walking with writing a book.

July 2024 - present day - Completed and passed 120 hour level 3 TEFL cert.