

Ms Tajana Velikinac

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Professional Summary

I am a dedicated and compassionate Life Coach & Mentor passionate about guiding clients toward self-discovery, personal growth, and overcoming limiting beliefs. My approach combines strong interpersonal skills, a deep understanding of psychology, and extensive training in coaching methodologies to create a supportive environment for my clients. I am committed to helping individuals achieve their goals by cultivating self-awareness, enhancing emotional resilience, and fostering positive change in both personal and professional aspects of their lives.

Coaching experiences

03/2019 – present

- **Client Guidelines:** Provide one-on-one coaching, focusing on identifying and transforming negative beliefs, emotions, and behaviour patterns that hinder personal growth.
- **Tailored Techniques:** Use a variety of techniques, including NLP, positive psychology and mindfulness, to meet the unique needs of each client.
- **Supportive environment:** Create a non-judgmental and empathetic space for clients to explore their challenges and aspirations.
- **Workshops and Group Coaching:** Lead workshops and group sessions on self-awareness, stress management and emotional intelligence.

Other relevant experiences

02/2024 - Current **Recruitment Consultant Freelancer** - Auxeris LTD

- Headhunting & Interviewing
- Marketing and advertisement of vacancies
- My approach is rooted in building strong relationships with clients and candidates.
- Proven track record in HR and management and recruiting highly skilled talent.

10/2023 – 12/2024 Cover supervisor/Exam Invigilator - Teacher Active

03/2023 - 07/2023 Recruitment Consultant associates - Additional Resources LTD

01/2022 – 4/2022 Breakthrough mentor - South Gloucester Council

05/2018 – 01/2019 SMSA/Supply Assistant Teacher

02/2014 – 12/2016 Recruitment Consultant / Proprietor Smart Link Recruitment Selection

10/2015 – 05/2016 Sales Assistant Jacques Vert – Taunton

03/2013 - 07/ 2013 Catering assistant – Butlins Minehead

Education

2023 Master's in management and team management – ENEB

2014 BA (Hons) International Hospitality Business Management – University of Derby

2007 HND Economics - Hospitality and Tourism Management – Business School Serbia

2000 OND Economics Hotel and Tourism Management

Training & Certificates

2024 Safeguarding and Child Protection

2024 Exam Invigilator

2024 Psychology in Relationship diploma

2024 Positive psychology diploma

2023 Specialist in coaching and NLP

2022 Safeguarding Children L2

2022 Safeguarding everyone L1

2020 Psychology L4 & Child Psychology Advanced L5 diploma

2020 Stress Management Coaching

2020 Life and Performance Coaching & NLP

2020 Deep P.E.A.T processor

2020 120HR TEFL course

2019 Safeguarding Young People L1

2019 Prevent for support staff.

2019 Autism, Dyslexia, TA2, ADHD, SEND (Level 2, 3 & 4)

2018 Meditation Leader

2017 Heal Your Life