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16/11/1986



DI949639



New Zealander

EDUCATION

Expected graduation 06/2025

Southern Institute of Technology

Level 7 Bachelor of Applied Management: Occupational Health and Safety Candidate

01/2025

WorkSafe New Zealand

Health and Safety Investigations Inspector Qualifications

01/2025

Southern Institute of Technology

Level 6 Diploma of Adult and Tertiary Teaching

01/2024

EarnLearn

New Zealand Certificate in Regulatory Compliance: Operational Knowledge

01/2024

Te Pukenga

New Zealand Certificate in Regulatory Compliance: Operational Practice

01/2024

NZ Qualifications Authority

Record of Achievement

2023

Eastern Institute of

PROFESSIONAL SUMMARY

My career reflects a commitment to leadership, adaptability, and positive impact. Starting in the NZ Army as an Infantryman, I built resilience and teamwork, progressing to a Logistics Specialist role with the NZSAS, providing critical support under high pressure. As a Correctional Officer, I ensured safety, managed conflicts, and supported behavioral change. With the Ministry of Social Development, I assisted clients with complex needs, including family violence. As a WorkSafe Investigator, I improved workplace safety through risk assessments and compliance. My passion for mentorship and diverse qualifications equips me to drive change and empower communities.

EXPERIENCE

05/2023 - Present

Health and Safety Investigations Inspector

WorkSafe New Zealand WorkSafe New Zealand

- Duration: 1 year 9 months
- Conducted thorough investigations into workplace incidents, accidents, and complaints, gathering evidence, interviewing witnesses, and analyzing data to determine root causes and contributing factors
- Reviewed safety procedures, equipment usage, and environmental conditions to identify areas for improvement and ensure safer workplaces
- Applied in-depth knowledge of health and safety regulations to assess compliance and identify breaches or violations
- Assessed workplace hazards and developed risk mitigation

Technology | *Hawkes Bay*
Diploma of Business
Leadership and Management

2023

CLET Training | *Australia*
Diploma of Project
Management

2023

CLET Training | *Australia*
Diploma of Work Health and
Safety

SKILLS

- Incident Investigation
- Regulatory Compliance
- Risk Management
- Analytical Skills
- Effective Communication
- Cultural Competence
- Interpersonal Skills
- Rehabilitation Knowledge
- Critical Thinking
- Communication
- Professionalism
- Training Expertise
- Curriculum Design
- Mentorship
- Organizational Skills
- Leadership
- Program Evaluation
- Team Building
- Cultural Sensitivity
- Problem Solving
- Empathy and Sensitivity
- Calm Under Pressure
- Multitasking
- Relationship Building
- Project Planning
- Inventory Management
- Transportation Expertise
- Adaptability
- Exercise Techniques
- Client Advising
- Group Fitness Leadership

LANGUAGES

strategies through comprehensive risk assessments and safety protocol reviews

- Prepared detailed investigation reports, documenting findings, conclusions, and recommendations for corrective actions
- Communicated effectively with stakeholders, including employers, employees, regulatory agencies, and legal authorities, to facilitate corrective actions and promote workplace safety
- Provided translation and outreach support for the WorkSafe Puataunofu programme, delivering health and safety information to Fijian forestry workers in their native language
- Investigated workplace deaths to identify causes and recommend preventive measures

11/2021 - 04/2023

Recovery Partner

Accident Compensation Corporation Accident Compensation Corporation

- Duration: 1 year 6 months
- Provided tailored, one-on-one support to clients with significant physical injuries, understanding their unique needs and challenges
- Conducted detailed assessments to identify clients' immediate and long-term rehabilitation requirements
- Collaborated with medical professionals, families, and support networks to develop holistic recovery plans focused on achieving clients' goals
- Coordinated and monitored the implementation of recovery plans, ensuring services and support were aligned with clients' rehabilitation objectives
- Maintained empathetic and open communication with clients, families, and healthcare providers, fostering trust and collaboration
- Managed resource allocation, approving treatments and programs of up to \$30,000, including initiatives like 'Living My Life' and 'Training for Independence.'
- Advocated for clients to ensure they received entitled support and services, navigating complex healthcare and rehabilitation systems
- Trained staff in effective and safe interview techniques as an Interview Room Trainer, enhancing team competencies

09/2020 - 11/2021

Employment Case Manager

Ministry of Social Development NZ Ministry of Social Development NZ

- Duration: 1 year 2 months

- Developed an in-depth understanding of the local community's needs, particularly for vulnerable groups
- Maintained detailed knowledge of available support services, resources, and programs to assist clients effectively
- Established and nurtured strong connections with a wide range of stakeholders, including community organizations, employers, and support agencies
- Assisted clients in securing employment opportunities, emphasizing the transformative impact of meaningful work on their lives
- Provided support for income stability and assisted clients in securing tenancies and emergency housing solutions
- Identified and facilitated vocational training and upskilling opportunities to enhance clients' employability
- Used computer systems and online resources to address client needs, including formatting CVs and researching suitable programs
- Managed a diverse caseload, including clients from family violence backgrounds, gang affiliations, and those requiring sensitive handling due to complex needs

07/2015 - 07/2020

Logistics Specialist Team Leader & Health and Safety Representative

New Zealand ArmyNew Zealand Army

- Duration: 5 years
- Ensured troops were fully equipped with mission-critical gear and supplies
- Managed inventory, warehouse logistics, and storage solutions to maintain operational readiness and efficiency
- Oversaw the movement of military equipment, including licensing and operation of forklifts, heavy trucks, and field petrol tankers
- Utilized SAP and other platforms to streamline supply chains, track inventory, and coordinate distribution across New Zealand and its dependencies
- Delivered tailored logistical solutions to Special Operations Command units, ensuring successful execution of special operations
- Provided support in extreme environments, including remote and hostile areas, maintaining effective logistical operations under pressure
- Led teams of up to 10 personnel, establishing objectives, fostering collaboration, and ensuring high performance to achieve mission goals

01/2013 - 06/2015

Fitness Personal Trainer

Hastings District CouncilHastings District Council

- Duration: 2 years 6 months
- Designed individualized fitness plans tailored to clients' goals, fitness levels, and unique needs
- Led dynamic group classes, including aerobics, strength training, and circuit training
- Provided clients with nutritional advice to complement their fitness goals and promote overall well-being
- Conducted regular safety checks on gym equipment and enforced protocols to ensure a safe workout environment
- Supported and motivated members to stay committed to their fitness journeys, fostering a positive gym culture

01/2013 - 06/2015

Lifeguard

Hastings District CouncilHastings District Council

- Duration: 2 years 6 months
- Supervised aquatic activities to ensure the safety and well-being of all patrons
- Identified and mitigated potential risks in and around the pool area to maintain a safe environment
- Executed water rescues when necessary, prioritizing the safety of swimmers and responding promptly to emergencies
- Ensured strict adherence to health and safety protocols within the facility
- Assisted in maintaining a clean, organized, and welcoming environment for all visitors

01/2013 - 12/2013

Noise control Security Officer

HSM SecurityHSM Security

- Duration: 1 year
- Evaluated noise levels at properties to determine if they were excessive or breached regulations
- Addressed property owners or occupants to request noise reduction when necessary
- Conducted regular patrols to monitor and assess noise levels in neighborhoods and during events

11/2011 - 01/2012

Security Guard

Ryan Security | Ryan Security, Manukau, Auckland

- Interacted with visitors and employees in a professional manner.
- Protected property and staff by maintaining safe and secure environment.
- Interacted professionally with visitors, staff, vendors, and other individuals on site.
- Monitored entry-exit activity, allowing only authorized

personnel to enter facility.

- Patrolled buildings regularly both inside and outside while maintaining an alert presence.
- Inspected doors, windows, locks, gates, ensuring they are secure after hours.
- Maintained logbooks for documenting daily activities and events.
- Monitored security cameras and identified suspicious activity, reported any incidents to the appropriate authorities.

01/2010 - 10/2011

Corrections Officer

Department of Corrections NZ | Department of Corrections NZ, Kaitoke, Whanganui

- Managed daily operations of the correctional facility including overseeing inmate movement, meal distribution, and recreational activities.
- Utilized problem solving skills to resolve conflicts between inmates or staff members.
- Assessed inmate behavior, monitored activities, and enforced disciplinary rules.
- Ensured that all areas of the correctional facility are secure at all times by performing regular inspections.
- Developed expertise in conducting security searches and pat-downs to ensure safety of inmates and staff.
- Unit Sentinel: Collaborated with Corrections Intelligence Officers by reporting suspicious activities, including drug-related incidents and threats to staff or inmates.

01/2008 - 12/2009

Infantryman

New Zealand Army | New Zealand Army, Burnham, Canterbury

- Maintained accountability of assigned equipment and personnel.
- Remained proficient in vast array of weapon systems through live-fire exercises and familiarization.
- Advised and counseled team members individually about progress and job performance.
- Carried out orders from superior officers without hesitation or question.
- Managed and organized personnel to ensure successful completion of tasks.
- Operated a variety of weapons systems including small arms, machine guns, mortars, and anti-tank weapons.
- Utilized camouflage techniques to conceal weapons and personnel.

Unit Sentinel

Department of Corrections NZ | Department of Corrections
NZ, Kaitoke, Whanganui

- Unit Sentinel: Collaborated with Corrections Intelligence Officers by reporting suspicious activities, including drug-related incidents and threats to staff or inmates.

REFERENCES

Paul Budd - WorkSafe New Zealand
Manager Manager

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VOLUNTEER EXPERIENCE

11/2021 - 10/2022

Pasifika

Mentor | Mentor, Hastings, Hawkes Bay

- Provided guidance and support to mentees, helping them develop their skillset and reach their goals.
- Modeled healthy, trusting relationships through clear communication and setting appropriate boundaries.
- Provided guidance on how best to navigate through challenging situations both inside and outside of school environments.
- Built relationships with youth by planning and participating in activities together.
- Suggested techniques and methods to help mentee reach educational, social, and professional goals.
- Participated in professional development sessions designed to stay abreast of emerging trends in youth programming.

COMMUNITY SERVICE

11/2021 - 10/2022

Adult Youth Leader

The Catholic Parish of Hastings | The Catholic Parish of Hastings, Hastings, Hawkes Bay

- Mentored youth in developing leadership skills.
- Supported and assisted process of evaluating vision and goals of youth programs.
- Developed positive, authentic relationships with youth and families from different backgrounds.
- Assisted staff with planning lessons and activities within framework of assigned curriculum.
- Planned and facilitated engaging activities for groups of youth, ensuring safety and positive environment.
- Demonstrated strong leadership skills by managing diverse teams of volunteers.
- Military Bootcamp Training: Planned and conducted team-building exercises, such as Exercise Christian Warrior and Exercise Hopeful Warrior, for St. John's College, Sacred Heart Girls' College Napier, and youth aged 13 and above.