

Ruth Nontuthuko Mkhize

Freelance Consultant

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📍 Johannesburg, South Africa



Profile

I am a degree qualified professional with experience in delivering training workshops, coaching diverse teams and developing training materials and programs. My work experience has involved facilitating and presenting tailored workshops on work safety topics for individuals and groups with varying educational levels.

Professional Experience

07/2023 – present

Johannesburg,
South Africa

Freelance Consultant

Self Employed

Health and safety training consulting:

- Developing safety training materials
- Presenting training topics to employees and assessing learning

01/2013 – 10/2021

Johannesburg,
South Africa

Occupational Health and Safety Manager

Transnet Freight Rail

- Managed the company's safety training program, presented training courses on behavioural safety, legal compliance and workplace hazards;
- Mentored junior staff and provided one-on-one coaching on safety professional development.
- Presented safety training topics and conducted safety learning assessments.

Skills

Training material development

Facilitating and assessing learning

Coaching and mentoring

Communication and interpersonal skills

Microsoft Office Suite

Education

2024

Online, South Africa

TEFL Certificate (168 Hours)

TEFL Academy

2019

Johannesburg,
South Africa

• Post Graduate Diploma in Management

Monash University South Africa

2007

Durban, South Africa

• Bachelor of Technology Degree in Environmental Health

Durban University of Technology

References

Available on request