

THEMBEKILE MOKHOSI

Church St, Morija | P O Box 12 Morija Museum & Archives | +266 57979561 |
Thembekile.mokhosi@gmail.com

A. SUMMARY

Proactive, task driven and Goal-oriented individual with the objective to holistically support others towards their positive development.

B. PERSONAL INFORMATION

Name: Thembekile Joyce Mokhosi **Nationality:** Mosotho

Date of Birth: 12th November 1994 **Gender:** Female

C. EDUCATION

National University of Lesotho **Maseru** **2016 – 2019**
Bachelor of Arts in spiritual Care and Counselling Studies
Class: Second, Second Division

National University of Lesotho **Maseru** **2014 – 2016**
Diploma in Pastoral Care and Counselling
Class: First Class, Distinction

D. WORK EXPERIENCE

2020 — Sep 2022 Children and Youth Mental Health Therapist

at The Hub Skills and Soup

- Design of the programme and its implementation
- Facilitating Life-skills sessions
- Compiling progress reports
- Mediating communication between The Hub and potential stakeholders
- Providing group and individual counselling sessions to children.
- Leading mental health sessions at local schools
- Tutoring kids and leading book reading club.
- Proposing networks with other NGOs
- Preparing reports. assessing the current state of knowledge of the therapy related to art that aims for the highest standards of mental health wellness, balance, and clarity.

2018 — 2021 Art Education Manager at Morija Arts Centre

- Training volunteers to deliver art skills to children
- Designing the Art Education Programme.
- Training and assisting entry level volunteers by helping them improve listening skills, communication, and multitasking abilities.
- Facilitating Art Education lessons.

- Proposing networks with other NGOs
- Preparing reports. assessing the current state of knowledge of the therapy related to art that aims for the highest standards of mental health wellness, balance, and clarity.

Jun 2016 — Aug 2016 HTS Counsellor at Baylor College of Medicine Children Foundation

- Facilitate Teen Club and Wise Youth weekend sessions
- Data collection and report writing
- Partaking on remote areas outreaches for HTS sessions
- Assisting other staff members when help is needed
- Providing pre-test counselling and post-test counselling

Jan 2016 — Apr 2016 School Counsellor at Roma Primary School

- Assists Roma Primary teachers with life-skills subject, instructing physical developing children programmes, and documenting sessions, workshops, and other project activities with a focus on technical aspects.
- Facilitates the participation of community members, particularly those identified as most vulnerable to risks, in community risk assessments and in the local development planning process and implementation.

E. COURSES AND TRAININGS

YALI NETWORK CERTIFICATES

Understanding the Rights of Women and Girls [April 2020](#)

Effective Communication for Healthy Outcomes [December 2020](#)

Understanding Renewable Energy [2020](#)

Community Organization for Action [February 2021](#)

GLOBAL HEALTH eLEARNING CENTRE

Introduction to early Childhood Development [April 2020](#)

Integrated Early Childhood Development Programming for Young Vulnerable Children [April 2020](#)

Improving the Lives of Young Vulnerable Children and their Care Givers [April 2020](#)

Designing HIV Prevention Programmes for Key Population [April 2020](#)

Male Circumcision: Policy and programming [April 2020](#)

COHORTS

Business and Jewellery Training at Women First Programme, Hlotse [December 2020- January 2021](#)

Civic Leadership, YALI Regional Leadership Centre South Africa, [June 2021-August 2021](#)

Climate Governance, Massage and Beauty Therapy Women First Self-help Foundation training, Oct 2022.

Diplomacy and Negotiations Leadership, AGNES AFRICA, [June 2021- August 2022](#)

ACTIVATE ACADEMY

Turning Ideas into Reality, [May 2021- Present](#)

ALISON

Corona Virus- What You need to Know [May 2020](#)

Milli

Power-to-empower social media facilitator training
May 2020
Fight The Fake Summer School Facilitator Training October 2021

F. CONFERENCE AND WORKSHOPS

2022 International AIDS Conference Conference- Canada
The HUB MORIJA
Human Rights Workshop 2019

Radio Drama Workshop 2019

Creating Social Media Content, MILLIE Youth Workshop 2020

Creative Writing Workshop Word Power 2019 and 2020
Power to empower 2020 MiLLi

Creative Planning, RISE 2021

Mobilizing Wool and Mohair in Lesotho Youth Training 2020

Podcasting Workshop 2021

Covid-19 Vaccine Awareness Training July 2021

Teachers' Empowerment October 2021

Fight The Fake Social media training MiLLi October 2021

G. LEADERSHIP AND MEMBERSHIP

Staff member at Morija Arts Centre 2018 — Present

Arts Education manager at Arts Centre 2018 — Present

Skills and Soup Team Leader at The Hub Morija January 2021 — Present

Mental Health Corner Team Leader at Morija Arts Centre 2021 — Present

Member at Morija Arts Centre

Member at The Hub Morija

Member at Seriti sa Makhoarane

Women First Self-help Foundation

Dolen Cymru Mental Wellbeing Society

H. REFERENCES

Thejane Malakane- Supervisor, Skills and Soup Instructor/Teacher

thejane.malakane@gmail.com -+26658437450/ +26668721388

Liako Mahao – Overseer, Networking manager at Morija Museum

liako.mahao@gmail.com +26658506385

Thato Lesapo- Art Education Facilitator at Morija Arts Centre ·

teyananeufeld@gmail.com +26659912881