

Personal Information

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Work Experience

| DATE | September 2010 - December 2019 |
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| POSITION | LIFE COACH |
| RESPONSIBILITIES | Using a synthesis of Western & Eastern psychology and philosophy, I facilitated one on one coaching / mentoring sessions and group workshops. |
| EMPLOYER / ADDRESS | Self employed, Umhlanga Ridge, KZN |
| TYPE OF BUSINESS | Personal development |
| DATE | August 2006 - July 2009 |
| POSITION | NATIONAL PEOPLE DEVELOPMENT MANAGER - HR & TRAINING |
| RESPONSIBILITIES | Responsible for countrywide adherence to legislation and company strategy through quarterly countrywide audits. |
| | Facilitate change and diversity in accordance with the Employment Equity Act and the Skills development Act as well as BBBEE compliance. |
| | Effective attraction and retention of staff through HR best practices. |
| | Management, mentoring and coaching of the SETA registered learnership programme countrywide. |



| | Management, design and development of business specific training material and programmes based on gap analysis. |
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| | Facilitation of all in-house soft skills training programmes including company Induction Programme. |
| | Management and training of trainers countrywide. |
| EMPLOYER / ADDRESS TYPE OF BUSINESS | Effective reporting on strategy to the Senior Leadership Team (myself as a member). UTi, Freight Forwarding, Gauteng Freight Forwarding |
| DATE POSITION RESPONSIBILITIES EMPLOYER / ADDRESS TYPE OF BUSINESS | November 2005 - July 2006 TRAINING OFFICER Facilitation of all in-house training programmes UTi, Freight Forwarding, Gauteng Freight Forwarding |
| DATE POSITION RESPONSIBILITIES EMPLOYER / ADDRESS TYPE OF BUSINESS | October 2000 - October 2005 SALES EXECUTIVE Responsible for the procurement, retention and management of new business. UTi Sun Couriers, Durban Road Logistics |
| DATE | December 1996 - September 2000 SENIOR RESERVATIONS & TICKETING / AIRPORT FLIGHT DEPARTURE CONTROL |

FLIGHT DEPARTURE CONTROL RESPONSIBILITIES Reservations, ticketing and airport flight departure management

 EMPLOYER / ADDRESS Singapore Airlines, Durban, South Africa

 TYPE OF BUSINESS Travel and Tourism

| DATE POSITION RESPONSIBILITIES EMPLOYER / ADDRESS TYPE OF BUSINESS | February 1994 - October 1995 AIRPORT RESERVATIONS, TICKETING & CHECK-IN AGENT Airport reservations, ticketing and check-in. South African Airways, Durban, South Africa Travel & Tourism |
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| Education and Training | |
| DATE QUALIFICATION AWARDED PRINCIPAL STUDIES INSTITUTION | 2021 HONOURS IN PSYCHOLOGY - CUM LAUDE Psychological Counselling University of South Africa |
| DATE QUALIFICATION AWARDED | 2017 - 2020 BA - HEALTH SCIENCES & SOCIAL SERVICES - SPECIALISATION IN PSYCHOLOGICAL COUNSELLING - CUM LAUDE |
| PRINCIPAL STUDIES | Major in Psychological Counselling / Minor in Public Administration |
| INSTITUTION | University of South Africa |
| DATE QUALIFICATION AWARDED PRINCIPAL STUDIES | 2020 - QUALIFI LEVEL 5 CERTIFICATE IN TEFL (168 HOURS) - TEACHING ENGLISH ONLINE & ONE ON ONE (30 HOURS) - CLASSROOM TEFL COURSE (20 HOURS) Teaching English as a foreign language |
| INSTITUTION | TEFLACADEMY |
| DATE QUALIFICATION AWARDED PRINCIPAL STUDIES | 2007 - FACILITATION, COACHING & MENTORING - LEARNING MATERIAL & PROGRAMME DESIGN Education & training |
| INSTITUTION | Institute of People Development |



| DATE | 2006 - 2007 |
|-----------------------|--|
| QUALIFICATION AWARDED | SECTOR EDUCATION, TRAINING & DEVELOPMENT |
| PRINCIPAL STUDIES | Conduct outcomes based education, developing |
| | training programmes, material development, planning |
| | events, preparing learning aids, facilitation, coaching, |
| | mentoring, using different training methodologies, |
| | assessment, moderation, one on one training on the job |
| | including train the trainer |
| INSTITUTION | Education, Training and Development Sector Authority |
| | |
| DATE | 2003 - 2006 |
| QUALIFICATION AWARDED | DIPLOMA IN MARKETING MANAGEMENT |
| PRINCIPAL STUDIES | Marketing and Sales |
| INSTITUTION | IMM - Graduate School of Marketing |

DATE

DATE

| QUALIFICATION AWARDED |
|-----------------------|
| PRINCIPAL STUDIES |
| INSTITUTION |

2002

| DIPLOMA IN MANAGEMENT DEVELOPMENT |
|-----------------------------------|
| Business Management Skills |
| University of Durban Westville |

2002

| QUALIFICATION AWARDED | - MENTORING - INTRA / INTERPERSONAL WORKSHOP |
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| | - BUSINESS SKILLS DEVELOPMENT |
| | - BUSINESS ENRICHMENT |
| PRINCIPAL STUDIES | Mentoring, personal growth & communication skills, |
| | dealing with change, job analysis and interviews, |
| | teamwork, planning and presentation skills, |
| | assertiveness, mediation & negotiation skills, managing |
| | time & stress, management styles, business etiquette & |
| | finance, how to improve self image & self esteem, |
| | communication - listening & questioning, cultural |
| | diversity, motivation, managing conflict and |
| | interpersonal skills |
| INSTITUTION | Skills for Life |



| DATE | 2002 |
|-----------------------|---|
| QUALIFICATION AWARDED | PRESENTATION SKILLS |
| PRINCIPAL STUDIES | Creating and delivering presentations |
| INSTITUTION | Pro-Active Communication |
| | 0000 / 000 / |
| DATE | 2000 / 2006 |
| QUALIFICATION AWARDED | - PROFESSIONAL SELLING SKILLS |
| | - TOOLS FOR EXCELLENCE (TRAIN THE TRAINER) |
| PRINCIPAL STUDIES | Sales, training and coaching |
| INSTITUTION | Achieve Global |
| | |
| DATE | 1994 - 2009 |
| QUALIFICATION AWARDED | VARIOUS CUSTOMER SERVICES, SOFT SKILLS AND |
| | JOB RELATED TRAINING |
| PRINCIPAL STUDIES | Customer relations and job related hard & soft skills |
| INSTITUTION | South African Airways, Singapore Airlines & UTi in - |
| | house training department |
| | 5 1 |
| DATE | 1993 |
| QUALIFICATION AWARDED | - CERTIFICATE OF TRAVEL AGENCY COMPETENCE |
| | - TOURISM EUROPE |
| PRINCIPAL STUDIES | Travel and Tourism |
| INSTITUTION | Rapid Results College / Institute of Travel Management |
| INSTITUTION | Rapid Results College / Institute of fraver Mallagement |

Skills and Competences

| LANGUAGE SPOKEN | English |
|----------------------------------|--|
| OTHER LANGUAGE(S) | Basic Afrikaans & Italian |
| SOCIAL SKILLS AND COMPETENCES | Emotional maturity (professionalism) Multi-cultural awareness & interpersonal skills Non verbal and verbal active, empathic listening skills Non verbal, verbal and written communication skills Ownership (personal responsibility & accountability) Collaborative & cooperative |



| ORGANIZATIONAL SKILLS AND COMPETENCIES | Process & results driven Planning, strategizing & decision making Implementation & control Evaluation and measurement Team leadership & delegation Strong work ethic / conscientious Training, coaching, mentoring, teaching |
|---|--|
| COMPUTER SKILLS | MS Word, Excel, Powerpoint, ONENote |
| Additional Information | |
| REFERENCES | Vanessa Whitehead (VP - HR, UTi Freight Forwarding) Tel: + 27 (0) 82 908 9120 |
| | Veronique Taylor (Sales Manager, UTi, Road Logistics) Tel: + 27 (0) 73 099 4735 |
| | Mel Massyn (Previous Sales Manager, Singapore Airlines) Tel: + 27 (0) 83 381 6698 |
| | Jane Ackerman (Previous PRO, South African Airways) Tel: + 27 (0) 73 892 9265 |

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