



GIDEON LOURENS

Hello! I'm a 25-year-old South African who recently made the exciting move to Germany. Cricket is not just a game for me; it's a passion, and I find immense joy in sports development and coaching. Currently, I'm pursuing my dream of becoming a teacher through the University of South Africa, merging my love for education with my enthusiasm for sports. The transition from South Africa to Germany has added an extra layer of adventure to my journey, making each day a new and thrilling chapter.

PERSONAL

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- Date of birth**
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INTERESTS

- Cricket
- Coaching
- Gaming
- Rugby
- Museums
- Traveling
- Sight seeing
- Camping



WORK EXPERIENCE

Jan 2017 - Aug 2018

Sports Coach

Doringkloof Primary, Centurion

I kick-started my coaching journey with a focus on cricket and rugby, engaging with players from u6 to u13 levels. Notably, I led the u11 team to victory as Silver League Champions in cricket. Taking charge of the developmental aspects, I dedicated myself to nurturing the skills and passion of our youngest players in the u6 to u8 category on a weekly basis. This experience laid the foundation for my current fervor for coaching and teaching. Alongside honing my coaching skills, I developed strong organizational and leadership abilities, ensuring effective team management and fostering a positive learning environment. My time in coaching has equipped me with valuable skills in player development, team coordination, and instilling a love for sports among young athletes.

May 2017 - Mar 2018

Waiter

Spur Steak Ranches, Centurion

Commencing my professional journey, I gained foundational experience as a waiter, contributing to renowned establishments such as Spur Steak Ranches. Within this dynamic role, I mastered the art of delivering exceptional service, managing multiple tasks efficiently, and ensuring a positive dining experience for patrons at Spur Steak Ranches. My time as a waiter not only cultivated customer service expertise but also instilled in me a keen attention to detail and the ability to thrive under pressure. Additionally, I developed strong organizational abilities, handling orders, and maintaining a well-coordinated workflow during busy periods, contributing to the success of Spur Steak Ranches' renowned dining experience. This experience marked the beginning of my professional journey and laid the groundwork for my subsequent roles.

Sep 2019 - Jul 2020

Cricket Coach

Midstream College Primary, Centurion

In my second coaching role focused on cricket, I not only achieved significant success with two League Titles and two runner-up positions but also honed additional skills crucial to coaching and team management. This experience enriched my strategic planning abilities, as I navigated the intricacies of cricket competitions. I further developed my talent assessment skills, ensuring that the right players were placed in optimal positions to maximize team performance.

Additionally, my second coaching position enhanced my communication skills, as I interacted with players, parents, and fellow coaching staff. I became adept at tailoring my coaching style to cater to individual needs, fostering a positive and inclusive team culture. This phase in my coaching journey also deepened my understanding of sports psychology, enabling me to motivate and inspire players effectively.

Furthermore, I refined my adaptability and problem-solving skills by navigating the challenges inherent in competitive cricket coaching. This

multifaceted experience not only contributed to the team's success but also solidified my commitment to continuous improvement as a coach.

Sep 2017 - Aug 2018

IT Technician

Draconian, Centurion

Following my stint as a waiter, I transitioned into the role of an IT Technician. Over 10 months, I gained hands-on experience troubleshooting hardware and software issues, demonstrating proficiency in diagnosing and resolving technical issues efficiently. This position enhanced my problem-solving skills, attention to detail, and adaptability in the dynamic field of IT support. I became adept at providing excellent customer service, effectively communicating technical solutions to non-technical users. My time as an IT Technician further solidified my understanding of network configurations and system maintenance, contributing to my versatile skill set.

Jul 2020 - Sep 2020

Night Manager

Midstream Action Sports, Centurion

During my tenure at Midstream College, I took on the additional role of night manager at Midstream Action Sports, showcasing my commitment to personal and professional growth. Juggling dual responsibilities, I efficiently managed the night operations at Action Sports, ensuring a smooth and enjoyable experience for patrons. This endeavor not only provided extra financial support for my studies but also reinforced my time management, multitasking, and leadership skills in a diverse and challenging environment.

Sep 2020 - Mar 2023

Arena Manager

Midstream Action Sports, Centurion

Elevating my role from night manager at Midstream Action Sports, I swiftly climbed the ranks to become the Arena Manager. This marked my inaugural full-time position, a pivotal step in my professional journey that required me to step away from coaching temporarily. As Arena Manager, I assumed broader responsibilities, overseeing the overall operations and contributing to the success of the facility. This experience not only broadened my managerial skills but also provided valuable insights into facility coordination and customer satisfaction.



EDUCATION AND QUALIFICATIONS

Jan 2011 - Dec 2016

High School Certificate

Grey College Secondary, Bloemfontein, Centurion

Graduating from high school in Bloemfontein, I completed my matric year with dedication, achieving an average of 68 percent. Alongside academic pursuits, I showcased my commitment to sports excellence by earning a spot on the first team cricket squad. This dual accomplishment reflects my ability to balance academic responsibilities with a passion for sports, laying the groundwork for my subsequent endeavors.



REFERENCES

Midstream Action Sports

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COURSES

Nov 2023 - Mar 2024

TEFL Diploma

TEFL Academy

Choosing to teach English as a foreign language emerged as a deliberate career move while pursuing my teaching degree. This decision aligns with my passion for education and provides a valuable avenue to apply and enhance my teaching skills. Immigrating to Germany/Netherlands further fueled this choice, allowing me to contribute to language education in a diverse and enriching environment. This experience not only complements my academic journey but also reflects my commitment to fostering effective communication and cross-cultural understanding through education.

Jan 2020 - Present

FET Bachelors Degree

University of South Africa

Teaching has always been my unwavering passion, leading me to pursue a degree at the University of South Africa with a focus on Mathematics and English. Despite my enthusiasm, a financial burden induced by the challenges of COVID compelled me to temporarily pause my studies. With resilience and determination, I plan to resume my academic journey in 2024, with three years left to complete my degree. This setback, while challenging, has only strengthened my commitment to realizing my dream of becoming an educator, and I look forward to rekindling my academic pursuits.