# Cameron Sean O'Farrell

#### **PROFILE**

I'm an autodidact interested in personal and societal growth. I am ready to face challenges, to be challenged. I know what motivates me. I know what I want to nurture more of in this world. Universal health, sustainability, peace; there are many paths to such outcomes. If we may walk one together, I am excited to work with you.

#### **EXPERIENCE**

## MANAGER, DE SCHOOL; AMSTERDAM, NETHERLANDS — 2022-2024

Responsible for hiring, training and maintaining the team in a cafe at the heart of a busy cultural centre. Inter-department coordination, social media presence, brand awareness, staff schedule, cafe presentation, business to business relations; handling or delegating every aspect of day to day functioning.

#### + TRUST PERSON, 2020-2024

Selected for training as an internal confidential counsellor (in Dutch: vertrouwenspersoon) for the company. Trained to functionally support my colleagues, and guide them to resolve workplace related issues. Advisor to company directors, and monitored integrity within the company.

- + ASSISTANT MANAGER, 2020-2022
- + HEAD BARISTA, 2018-2020

## SALES ASSISTANT, EPISODE; AMSTERDAM, NETHERLANDS — 2017

Maintained cleanliness and worked the register at one of my favourite second-hand clothing stores.

ASSISTANT MANAGER, NICK'S KITCHEN; DALY CITY, CALIFORNIA — 2016 Handled day to day functioning at a small Filipino catering company.

# CHEESE-MAKER, CARRIGALINE FARMHOUSE; CORK, IRELAND — 2012-2016

Working to make handmade artisanal cheese as a teenager, in my grandfather's farmhouse.

#### **EDUCATION**

Bachelor of Social Sciences — University College Dublin

"Trust Person" Certification

Yoga Instructor Certification — Yoga Alliance

Level 5 English Language Teaching Certification — TEFL Academy

## **SKILLS**

Event Organisation - Video Production - Teaching - Leading - Human Resources Resilience - Emotional Intelligence - Storytelling